



# HOST FAMILY BASICS - CHURCH LEADER GUIDE

## 2025

### The VISION

Tidal Impact is Atlantic Canada's premier youth missional event organized by the Canadian Baptists of Atlantic Canada. As the church leader, part of the role is to find host families who can be part of the life-changing experiences students will encounter during their time here. Beyond meals and a place to sleep, Host families offer a safe environment where students can rest, recharge, and reflect on how God is working through them. Tidal Impact is about more than just service projects and events. It's a time to strengthen faith, build community, and show Christ's love in practical ways. The hospitality of host families will help foster meaningful connections and create lasting memories for the students you welcome into your home.

Host families opening their homes to students during Tidal Impact is more than just an act of generosity — it's an invitation to experience the joy of ministry in a personal and transformative way. Your role as the church leader is to connect host families with students who are visiting, and to coordinate with the leader of the visiting church to make these connections.

### The ASK

1. Find host families and make sure they provide you with all the information needed as outlined in our guide:
  - Tidal Impact Schedule
  - Your contact information as well as contact information for the leaders of visiting churches
  - A list ahead of time of how many students are coming to their home, their names and ages information about the church and area they are visiting from, and name of their youth leader, and any other pertinent information including allergies and/or medication
2. Keep a detailed record of all host families and their information including:
  - A criminal record check for adults including a vulnerable sector check kept for your own records
  - Address and number of beds + baths provided
  - Contact information (cell numbers and e-mails)
  - A list of all members who live in the household
  - A list of pets who are in the household
  - Method of transportation for the week
  - A picture of host family and/or short video to share with visiting students ahead of time and a small write up about the family
3. Facilitate connections
  - As Tidal Impact approaches, work with your visiting leader to send information / a short video about student's host families so that students and families will be familiar with them ahead of time.

**Note:** Host families should be people who have the gift of hospitality, love having people in their homes, and are known within your congregation. You should have a good connection with them and they should be easy to contact. They should be people you would be glad to have your own students stay with.





# EXAMPLE - HOSTFAMILYSIGNUP

**NAME OF HOST(S):** \_\_\_\_\_

**ALL FAMILY MEMBERS WHO LIVE IN THE RESIDENCE** \_\_\_\_\_

**STREET ADDRESS:** \_\_\_\_\_

**CONTACT (PHONE & EMAIL)** \_\_\_\_\_

**HOW LONG HAVE YOU BEEN ATTENDING OUR CHURCH?**  
\_\_\_\_\_

**PLEASE LIST ANY PETS** \_\_\_\_\_

**PLEASE LIST THE NUMBER OF STUDENTS YOU WOULD BE ABLE TO HOST (NOTE, STUDENTS NEED THEIR OWN BED UNLESS THEY ARE SIBLINGS)**  
\_\_\_\_\_

**WILL THE STUDENTS HAVE ACCESS TO THEIR OWN WASHROOM?**  
\_\_\_\_\_

**WILL YOU BE PROVIDING TRANSPORTATION FOR THE STUDENTS TO/FROM THEIR DROP OFF AND PICK UP SITE EACH DAY?**  
\_\_\_\_\_

**PLEASE PROVIDE A SHORT DESCRIPTION OF YOURSELVES AND WHAT YOU ARE MOST EXCITED ABOUT FOR THE HOSTING EXPERIENCE THAT WE CAN PASS ALONG TO THE STUDENTS WHO WILL BE STAYING WITH YOU!**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PLEASE NOTE: UNLESS WE HAVE A VALID CRIMINAL RECORD CHECK ON FILE, YOU WILL BE REQUIRED TO OBTAIN A CRIMINAL RECORD CHECK THAT WILL BE KEPT ON FILE AT THE CHURCH.**



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### The VISION

Tidal Impact is Atlantic Canada's premier youth missional event organized by the Canadian Baptists of Atlantic Canada. As a host family, you have the unique opportunity to be part of the life-changing experiences students will encounter during their time here. Beyond meals and a place to sleep, you're offering a safe environment where students can rest, recharge, and reflect on how God is working through them. Tidal Impact is about more than just service projects and events. It's a time to strengthen faith, build community, and show Christ's love in practical ways. Your hospitality will help foster these meaningful connections and create lasting memories for the students you welcome into your home.

Opening your home to a student during Tidal Impact is more than just an act of generosity — it's an invitation to experience the joy of ministry in a personal and transformative way. As a host family, you are not only providing a place to stay, but you are also welcoming someone into your daily life. This experience can have a lasting impact on your family, far beyond the week of ministry.

### The ASK

With the potential for hundreds of students coming to PEI to serve the island "tip to tip", host families are asked to provide a safe overnight accommodation, including a place to sleep and access to basic amenities. You'll also provide breakfast each morning and a packed lunch for the student to take with them. A criminal record check is required to ensure a safe environment for all participants. Families are responsible for dropping off and picking up their guest at the designated location each day. Most importantly, we ask you to offer a warm, supportive environment where students can rest, recharge, and share their experiences from this impactful week of ministry.

### The SUPPORT

Tidal Impact team will provide you support through our host guide and team members will be available to answer your questions. Local church pastors will provide additional support and be your direct contact for questions in your context.



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### Ammenities Provided

Host families are asked to provide:

#### **A PLACE TO SLEEP**

- A place to sleep for at least 2 students. Outside of sibling pairings, students should have their own beds and rooms apart from the host family.
- Ideally host families would be able to provide a separate bathroom for students to use.

*Some Examples:*

- 2 siblings share a bed in a single room.
- 2+ students share separate beds in the same room.
- 2+ students share separate beds in separate rooms.
- 2+ students share separate beds in the same room, with an additional student on a real mattress on the floor

*We encourage students have separate spaces in order to help them decompress from the day, have a quiet environment to rest in, as well as give privacy. In order to ensure our students receive proper rest, we are asking that students not sleep on the floor or air mattresses on the floor.*

#### **FOOD**

- A healthy breakfast and a bagged lunch for the week that will support the labour and service that students will be doing.

##### Breakfast Ideas:

- Hard boiled eggs or scrambled eggs with whole grain toast and jam
- Bagel with cream cheese and fruit
- Greek yogurt and granola with fruit
- Whole grain waffles or pancakes and fruit
- Breakfast wrap with whole wheat tortillas, eggs and cheese
- protein smoothie, cheese string and muffin

##### Lunch Ideas (Main +1 fruit or vegetable + snack):

*Note, students may not always have access to a microwave so cold lunch is best.*

- Sandwich or sub with deli meats, apple and chips
- Chicken wrap with carrots, hummus and cookies
- Chicken caesar salad, crackers and cheese, grapes
- Bento box with meats, cheese, crackers and veggies



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### Host Information

Host families are asked to provide to their host church leader:

- A criminal record check for adults including a vulnerable sector check
- Address and number of beds + baths provided
- Contact information (cell numbers and e-mails)
- A list of all members who live in the household
- A list of pets who are in the household
- Method of transportation for the week
- A picture of host family and/or short video to share with visiting students ahead of time and a small write up about the family

### Information for Host

Host families will be given by their church leader:

- A schedule of when /where to drop off students as well as a schedule for the week
- A number to be reached at if plans change or if you have any questions
- A list ahead of time of:
  - how many students are coming to your home
  - their names and ages
  - information about the church and area they are visiting from, and name of their youth leader
  - any other pertinent information including allergies and/or medication



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### Ammenities Provided

#### **TRANSPORTATION**

- Safe transportation of students on time to and from the host church location each day according to the schedule that will be provided.

*Note: if transportation is an issue, we may be able to work out carpooling. Don't let transportation be the sole reason you don't host!*

#### **OTHER AMMENITIES TO CONSIDER**

*Students may also benefit from having:*

- Wifi access
- Access to laundry
- A fan or air conditioner for the heat in July
- Bedtime snack