



tidal impact

EVERY DAY. EVERYWHERE.

Discipleship Resource



CBAC
YOUTH
& FAMILY

JULY 8-13, 2025
PRINCE EDWARD ISLAND

INTRODUCTION

Welcome

We are very excited about Tidal Impact and are hopeful that this event can be a meaningful addition to the great work you are already doing. We know that discipleship doesn't happen overnight, and that transformation of our youth doesn't simply occur because of amazing events. This plan is meant to help prepare students to be able to get as much as possible out of the Tidal Impact experience and to also encourage them throughout the year to engage in their community and in the church.

Mission statement

Tidal Impact is all about gathering students from across Atlantic Canada for a life changing week of making an impact through servant leadership. The ultimate goal for this event is to inspire and support:

- › **Churches and individuals to demonstrate Jesus' heart for the world through acts of service and caring relationships (1 John 4:19).**

While there are many ways to help accomplish this, Tidal Impact strives to accomplish this through:

- › **Student Leaders:** Engaged, empowered, and confident young missional leaders (1 Timothy 4:12)
- › **Intergenerational Connection:** Reciprocal and intentional connections between all people of the church (Romans 12:9-13)
- › **Ongoing Partnership:** Authentic relational partnership between churches and community organizations (Acts 20:35)

How to use this Youth Discipleship Resource

The following resource provides your Tidal Impact team with discipleship content to help frame your Tidal Impact Experience theologically. It is up to you if you want to use the lesson plan, adapt the lesson plan, or ignore the lesson plan—whatever works for you and your youth.

With each lesson, you will also find a prayer prompt! Use these to engage your students around prayer - in sometimes serious and sometimes fun ways!

LESSON 1

Welcome

The concept of *Shalom* can really give us a new perspective on our calling as followers of Jesus. It gives us a tangible idea of what the work of the Kingdom of God can look like. For Tidal Impact, understanding shalom prepares us to go and share God's love right here and now, during Tidal Impact week, and wherever else we find ourselves in life.

FOCUS

- › The concept of shalom and how we apply it to our lives

GOALS

- › Learn and apply the concept of shalom to our lives, specifically to Tidal Impact week

SUB GOALS

- › Identify what "brokenness" can look like in our lives and in the world around us
- › Discuss Scripture in small groups to see how God was creating shalom in these moments
- › Start thinking about how we can join God in creating shalom during our Tidal Impact weekend!

All Materials Needed

- › TV / Computer
- › Copies of Scripture passages or Bibles
- › Paper and pens

3-5
MIN

Welcome

MATERIALS: None

Remind people of Tidal Impact, why they are here, and what the mission of the event is.

Prayer Prompt!

Try opening the session leading your crew in this fun prayer guide! For this one, it might be good to share an example briefly before everyone tries it together with a couple leaders.

The Alphabet Prayer

Explain:

- › We will go around in a circle, and you can leave your eyes open for this one
- › Each person will share One word or a one sentence praying for your groups needs and Tidal Impact.
- › The first person has to use a word or sentence starting with the first letter of the Alphabet, then the next, and so on all the way down to the letter Z.

If there are more people than letters in the alphabet (26), have them go all the way around to A again until everyone has gone!

Example:

A - We Adore You God!

B - I pray for Billets; thank you for whoever we will be staying with and Bless their home for having us!

C - Creation

D - I pray we would be Down to serve- whatever it looks like!

E - Help us trust You with Everything

F - Forgive us and help us be Forgiving to others

G - Goodness of God

H- Host Churches; Help us partner with them in How you are moving in our neighborhoods!

5
MIN

Warm-up Activity

MATERIALS: Game Supplies

Play a game together! You may want to pick a game that focuses on making something right again, such as Grog or do a quick pocket scavenger hunt with items that can be found close by.

10-15
MIN

Brokenness to Wholeness

MATERIALS: TV / Computer

Introduction

To help us understand what our mission will be as part of Tidal Impact, we need to understand what Jesus did for us and what our role is because of that. In discussing “brokenness” in our world, versus the “wholeness” that only Jesus can bring. So what does that look like, and how can we join him?

Discuss

- › What does it mean when something is broken or isn't functioning properly...
 - ...like a plate or a glass?
 - ...like in a relationship?
 - ...like in the world around us?
- › What does it mean to say that those things aren't broken anymore or begin to function properly again?
 - ...like a plate or a glass that gets fixed?
 - ...like in a healed relationship?
 - ...like in the world around us?

Watch

The Bible Project's word study on “Shalom”:

- › <https://www.youtube.com/watch?v=oLYORLZOaZE>

Debrief

- › What is the difference between shalom and peace? Define them.
- › Where does this “wholeness”/“shalom” come from?
- › Does this change our view of what wholeness should look like, or like what it would mean for the things we discussed before the video to function properly again?

10-15
MIN

Shalom in Scripture

MATERIALS: Print-out one of each of these Scriptures, or have Bibles available, paper and pens for each group to record their answers.

Break out into smaller groups, and assign each group a different passage of Scripture. Have them answer these questions. Give them 10-15 minutes to read and discuss.

Scripture

- › Genesis 1
- › Mark 5:21-43
- › Ephesians 4:1-16
- › Exodus 6:1-8
- › Psalm 23
- › Mark 2:12
- › Acts 2:42-47

Questions to ask

- › *What is God doing to make shalom in this passage?*
- › *Who is involved in it? What is their role in making shalom?*

Have a spokesperson from each group summarize the passage and share their answers with the rest of the group.

10
MIN

Application

MATERIALS: A means of writing down or recording students answers

Introduction

Now that we've learned about shalom and what that looks like in the Bible, it's time to apply that concept to our own lives. For this activity, you may want to write down your group's answers and keep it for the future to refer back to as your youth group starts to plan more specifically for what Tidal Impact may look like for you.

Keeping the same groups as the last activity, have them discuss what they can do to make shalom:

- › In their own lives (home, school, work, relationship with God)
- › In and through your youth group (in your church, in your neighbourhood, at nearby community organizations, during Tidal Impact!)

Encourage your students to think as big or as small as they want! Some examples could be:

- › Doing the dishes before my parents ask me to
- › Saying a kind thing to your sibling when they seem to be having an off-day
- › Picking up trash whenever you see it
- › Starting a recycling program at your school
- › Start a prayer group and pray for your community
- › Volunteer somewhere

3-5
MIN

Wrap up

MATERIALS: None

Thank everyone for their ideas, and encourage them to leave youth group thinking of ways they can make shalom in their own lives.

Pray

LESSON 2

Understanding Our Neighbourhood

This session is all about beginning to think about partnership. Ideally the youth will begin identifying the different assets present within your team (or hosting church) both in terms of skills but also the 'intangible' assets such as enthusiasm and positivity. When we are thinking about creative ways to serve our communities, going back to the assets that we have will be important.

FOCUS

- › Neighbourhood Assessment Workbook

GOALS

- › Help students look intentionally at their neighbourhood / community

SUB GOALS

- › Identify bright spots in community
- › Become more familiar with potential needs/strengths of community

All Materials Needed

- › Computer
- › Projector
- › Markers
- › Poster paper
- › Sticky notes (optional)

5
MIN

Welcome

MATERIALS: None

Ask students what they remember from last week, what questions or comments do they have this week?

5-7
MIN

Engagement Activity

MATERIALS: Projector/ computer or printed pictures, prize (candy)

Preamble

Today we are going to be thinking about our neighborhoods. While we are at Tidal Impact, we will be focused on bringing hope to various neighbourhoods!

To help prepare us, we are going to think about our neighborhood, and identify some of the needs and bright spots. we are going to break into teams and guess what these pictures are. For each right guess you get a price (candy)

Websites

Show the small picture and have each team write down what they think it is. Teams that get it correct get a prize.

- › <https://brightside.me/wonder-quizzes/test-can-you-recognize-everyday-objects-close-up-262360/>
- › <https://www.insider.com/close-up-photos-everyday-objects-2018-11#what-is-this-series-of-diagonal-lines-3>

Video

This is based on speed and accuracy. You will need to know which each item is before you start the video. The first team to guess it wins.

- › <https://www.youtube.com/watch?v=-5zAelxQ59Y>

35
MIN

Introduce NAW

MATERIALS: Projector / TV and computer or printed copies

This resource is already developed by the CBAC. Steps and actions are outlined within the resource (additional ideas are in this document)

- › https://drive.google.com/file/d/19D0dPub6I7sk67WBT3Tx_H5GNsTK1dM-/view

Introduction

Have people guess what NAW stands for.

Project page 5 on wall or hand out sheets to youth. Explain that today we are going to be working a little bit with this resource to try and think about our community/neighborhood. Explain connection to Tidal Impact (ie. want to serve our community)

Stage 1

Biblical Background (page 7-9)

Stage 2

Learn about your Neighbours (page 13-15)

If students have phones they can do research live on the spot. When discussing poverty make sure to remind people about previous lessons learnt about love and shalom.

Stage 3

Bright Spots in the Community (page 18-20)

Get students to write down on sticky notes and put them on wall / whiteboard / poster paper.

Debrief

As we think toward Tidal Impact and based of what we learned today:

- › *What are some organizations that you are interested in partnering with?*
- › *As we prepare to have conversations with our host church and plan how to be good neighbours in their community, what are do you think would make an impact?*
- › *How does this week fit into all the last Tidal Impact sessions?*

10
MIN

Church Asset-Mapping

MATERIALS: White board or poster paper

Preamble

We can serve our community partners in a number of different ways. Often we think about just giving money, however we as a church and as a youth group have more to offer.

Activity

On a white board, poster paper have people brainstorm individuals both in the youth group and individuals who have 'skills' that may be helpful (carpenter, technological, etc.).

On a second column brainstorm about 'intangible' assets that may be present both in the church and youth group (energy, positivity, enthusiasm, time, etc.)

5
MIN

Conclusion

MATERIALS: Bible

Conclude with this Prayer Prompt from Ephesians:

Ephesians 3:17-21

"I pray that out of his glorious riches he may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith"

- › *Let's pray we would Receive the gifts, energy, skills that we need from God's 'glorious riches'*
- › *Now pray for the Power of the Holy Spirit to strengthen you inside and out so you would be physically and spiritually fit for this mission trip- ask Him to walk with You and help you to hear His encouragement & voice*
- › *Now pray, for those of us who haven't accepted Christ into our hearts to do so this summer, and for those of us who have to grow closer and deeper in love with Jesus*

“And I pray that you, being rooted and established in love, may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ and to know this love that surpasses knowledge- that you may be filled to the measure of all the fullness of God”

- › *Let’s pray for God to help us serve from a place rooted in God’s love*
- › *Let’s pray for Unity together on our team, that He would give us love to care for one another when we are tempted to be frustrated or hurtful towards one another*
- › *Now pray for God to open your minds to fully understand how beyond comprehension His amazing love for each one of us youth, leaders, and communities we will serve are*

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever!”

- › *Let’s pray for God to go crazy and do more than we can even imagine! Let’s dream big*
- › *and ask him to blow our ideas out of the water!*
- › *Now let’s invite God to place a calling on youth on our teams and the teams from the other churches we will be partnering with, that through this experience they would*
- › *respond to a call into professional ministry and ministries of all kinds! Hebrews 4:16*
- › *Let’s take some time and surrender everything to Him, trusting His power, to the one who holds everything from generation to generation. What do you need to surrender to Him right now?*

“Amen.”

LESSON 3

Why do we do what we do?

This session is about Love, as we return to discussing the 'Getting back to basics' lesson.

We want to make sure we remember those discussions that we had and help create a space for a discussion around the 'why' we as Christians are called to serve others.

FOCUS

- › Love and how love is the reason behind why we serve God and others

GOALS

- › Help youth understand how Love is the driving force behind all that a Christian does in life

SUB GOALS

- › To emphasize the importance of mission work and how it is more than just the location and the people involved
- › To help youth see how we can show Christ to others through all the work that we do
- › To help youth feel more comfort over and have a greater desire for a localized Tidal Impact

All Materials Needed

- › White board / poster paper
- › Marker
- › Paper
- › Pencil
- › Sheet of paper with 1 Corinthians 13 on it

3-5
MIN

Welcome

MATERIALS: None

What do students remember from last meeting? What are questions they have?

5
MIN

Warm-up Game (optional)

MATERIALS: Depending on game

Depending on location and spacing, you can start off with a warm-up game related to love or servitude.

15-20
MIN

The Importance of Mission Work

MATERIALS: Paper and pencil

Introduction

When it comes to mission work in general, the two biggest draws of this mission is the location and the people. Youth are drawn to the idea of going to places outside their home and meeting others in a huge community of people on these trips, or hanging out with their own community. There is nothing wrong with meeting others and going different places, it is one of the strongest components of a mission trip. However, the issue is that in our day and age, youth see these aspects as the only reasons to go on mission trips like Tidal Impact. This lesson plans to break down the core of not only Tidal Impact, but mission work as a whole, to answer the question, why do we do what we do?

Discuss

Open up the discussion by sharing someone's testimony about mission work. This could be testimony from a student or leader about either local or global missions work.

After you've spent some time sharing testimonies, ask the students a few questions and have them jot down their answers on a piece of paper.

- › *Why do you think mission work is important?*
- › *What do you like about serving others?*
- › *Why do you go out and serve?*

Once they have answered these questions, ask them what their answers were and discuss with one another about these answers.

Mission work, like Tidal Impact, has always been a part of the church. But remember, the Importance of Mission Work doesn't lie in where you go or who you're with, rather it lies in serving God by serving others. That is why it is called mission work, because the mission is to be the Hands and Feet that progress the Kingdom of God further. This is the primary reason we are going to Tidal Impact this summer, to bless the people and communities in the area we'll be serving!

20-25
MIN

The Why of Mission Work

MATERIALS: Paper and pencil, TV / Computer and Projector, Sheet of paper with 1 Corinthians 13 on it

Following the discussion about the Importance of Mission work, have your youth take out there pieces of paper again and answer these questions:

- › *Why do we Serve God?*
- › *Why do we Serve Others?*
- › *What is at the heart of serving?*

Once they are finished with these questions, have them share with you their answers.

Scripture

1 Corinthians 13

Have your youth take a sheet with the passage on it and read it to themselves for 5 minutes. After they are finished, give them 5 minutes to discuss the significance of this passage with other youth and to reflect on the previous questions. Once the 5 minutes conclude, ask the youth to share in what they have discussed.

Share with them this video that explains love. Have them reflect on this and encourage them to write down anything that stands out to them.

- › <https://www.youtube.com/watch?v=slyevQ1LW7A>

Love is at the heart of why we serve.

It is the driving force behind not only mission work, but the Christian life in general. It is the greatest amongst these, cause in 1 John 4:8, it states that God is Love. Because God loves us so much, we are able to be free from all that we have done and to guide others to that same love.

5
MIN

The Closeness of Mission Work

MATERIALS: Paper and pencil

Application

Ask the youth to take 5 minutes and discuss potential distractions from the 'mission' during Tidal Impact. (Whether relationships, phones, even themselves and their personal needs or desires!) Come back together to talk about how the team can be aware of these distractions during TI week, and continue to call one another to stay on mission.

5
MIN

Closing and Prayer

MATERIALS: None

Use the BLESS Prayer Guide to Close your training session

B - BODY

Pray for some of the physical needs the team will need, such as sleep, energy, and health instead of sickness, and other practical needs for the week.

- › *Colossians 1:11a "We also pray that you will be strengthened with his glorious power so that you will have all the patience and endurance you need..."*

L - Labor

Pray together that as we serve we would gain favor with everyone, grow in wisdom, grow in skills and develop gifts for our futures. Also pray that as we serve it would be a reflection of what we believe to all those around us.

- › *Romans 12:1a NLT "And so dear brothers and sisters, I plead with you to give your bodies to God. Let them be a living and holy sacrifice- the kind he will accept..."*

E - Emotions

Let's pray together for the grace we need to process emotions at high and low moments during Tidal Impact.

Take some time to pray for renewed minds, that we would gain understanding from the lead-in resources, devotional times, and rallies.

May God use this as an opportunity to break down lies or walls in our own lives and help us see ourselves, others, and Him the way we are meant too.

- › *Romans 12:2 "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is."*

S - Social

Relationships are integral to everyone. Let's pray for healthy relationships, conflict resolution, for the time and people who we will spend time with leading up to and after having spent the week at Tidal Impact.

Pray for your families to live with integrity, and let's pray the whole time we would treat one another respect seeking to give and not always to take from one another.

S - Spiritual

Pray for salvation for everyone involved and everyone we serve to choose to follow Jesus.

May we grow spiritually, mature, and for protection from discouragement of the evil one.

May we be faithful to study, pray, and witness before, during, and after Tidal Impact.

May God guide us how to be even deeper rooted in our own local communities especially if we are not already.

LESSON 4

Seeking Understanding

This session is emphasizing again the posture that we ought to take when entering into a place of serving others. Empathy and awareness of our privilege are paramount to adopt, in order to truly serve those we are working with. This is connected with last session's lesson and the focus on Love.

FOCUS

- › For many of our students the conversation of privilege will be taking place in their schools. This lesson plan focuses on helping us understand that we have lots of privilege and that when we are serving we need to be aware of that but also have empathy for those we are serving (NOT sympathy).

GOALS

- › Connect the value of empathy and self-awareness to serving others

SUB GOALS

- › Understand the difference between empathy and sympathy
- › See the importance of empathy in the Christian Identity

All Materials Needed

- › Paper
- › Pen/Marker
- › Trash bin
- › Poster paper
- › Sticky notes
- › Timekeeping device

5-10
MIN

Welcome

MATERIALS: None

Remind people about Tidal Impact and brainstorm what you have covered.

Open with this fun and light prayer practise. Try building a prayer together with this creative and light prayer practice! For this one, it might be good to do a small example with some other leaders as you explain it. Depending on the size of your group, it might actually be good to do this 2 or 3 times as a team building activity.

'Building-Block' or 'Prayer Chain'

The first person starts of with at least one word, or very brief sentence, and starts building the first 'block', choosing the topic to be focused on (Ex: The Food Drive, Friendships, Growing in our Faith)

No multiple sentences allowed! Unlike most prayer times, there will be no long-winded 'Blocks' being added.

With each piece, the next person in the circle is to add a little bit to the prayer until it becomes too difficult to remember, and then you can start again! It's not about memorizing the exact words, but carrying the gist of the prayer in your own words forward.

Example:

- › Person 1: Lord, for the Food Drive
- › Person 2: For the Food Drive, make generous hearts
- › Person 3: Let people be generous and thankful at the Food Drive
- › Person 4: Lord, Let people give a lot of food to the Food Drive and be blessed by the donations we collect
- › Person 5: Lord, may we collect a lot of donations and may you bless the families and kids who will get to eat the food, help us to have fun together doing it
- › Person 6: May we get loads of food donations at the Food Drive and that people would be so thankful for the food praising God and help us to have fun and grow in our faith doing the Food Drive.

5-10
MIN

Warm-up Activity

MATERIALS: Depending on the game chosen

Dependent on space, play a game to get people up and moving.

Find examples here:

- › <https://spirituallyhungry.com/no-prep-youth-group-games/>

10-15
MIN

Paper Basket Exercise

MATERIALS: Paper, pen or markers, 'bin', whiteboard / poster paper / sticky notes

- › <https://ccdi.ca/media/1588/toolkit-2-exploring-my-power-and-privilege.pdf>

Discussion

What is Privilege?

- › *What have you learnt in school?*
- › *What is an example of privilege?*

Preamble

It is not always easy to realize or see that some of us are in a position of privilege (i.e. sometimes we don't know how close we are to the basket and how far others are from it). It is also important for us to recognize that some of us perhaps do not come from a place of privilege. Explain to the group that we are now going to do an exercise to help us recognize how privilege enables us to reach goals we sometimes take for granted.

It is an unfortunate reality but not all the dimensions of identity are equally respected and valued in our society. We will explore this idea in the following activity.

Setup

Ask students to divide into two teams based on their month of birth (January - June on one side of the room, July - December on the other side). Give each person a scrap piece of paper, get them to write their team name on the paper. Place the paper basket close to the January - June group.

Instruction

Everyone, write your team name inside of paper and please scrunch your paper into a paper ball. On the count of three, please toss your ball into the basket. 1-2-3—

- › *NOTE: You can do this a few different times with different teams. This can also be done in small groups or in a large group with more than two teams.*

Ask students:

- › *Who got better results? Why? You will likely observe that the Jan - June group got more balls into the basket.*
- › *What are your feelings about the rules of this game and how it was set-up?*
- › *To the winning team: how do you feel about being closer to the basket? How do you feel about winning?*

Debrief

Historical circumstances, social traditions and group dynamics have given certain groups in our society more privilege and power compared to other groups. Sometimes we don't even know that we are reaping the benefits of a historical circumstance or social tradition associated with our identity—we just accept that we are closer to the basket than others and we don't always question or challenge the rules or circumstances that privilege some over others (for example, it is likely no student will question you on why the basket was moved closer to the older group).

Ask students for examples of any historical circumstances, social traditions or attitudes that have privileged or disadvantaged some groups over others. Examples could include: legacies of residential schools, racial segregation, etc.

Once discussed, reinforce that some groups are closer to the basket because of their identity alone, not necessarily because they have worked harder than others or are more deserving.

It is important for us to understand and be aware of our privilege when engaging in community because we want to be sensitive to not judge individuals who are receiving services or others that may be involved with our community partner. We need to understand that while we may privilege the people who perhaps aren't as privileged still have things to offer and teach us.

10-15
MIN

Connect to Empathy

MATERIALS: White board, poster paper, marker, TV / computer

Empathy and Sympathy

Capture what people share on a whiteboard, poster paper!

- › *How do we understand empathy and sympathy?*
- › *What does this have to do with Tidal Impact?*

Video

Watch video and then discuss.

- › <https://www.youtube.com/watch?v=1Evwgu369Jw>

Debrief Questions

- › *What are the differences between sympathy and empathy?*
- › *Why is empathy an important thing to have when we consider serving our community?*
- › *What are ways to practice empathy?*

Read: Colossians 3:12-15

- › *Review the virtues that Paul lists and discuss how they align with empathy.*
- › *How is empathy part of our Identity in Christ?*
- › *How can we demonstrate empathy toward one another and our friends?*

5
MIN

Conclusion

MATERIALS: None

Affirm everyone's sharing and that this content can sometimes be confusing or hard. However, it is important for us to be aware of as we consider serving each other, the church, and community.

Pray

LESSON 5

Posture of Partnership

As followers of Jesus, we are called to serve many different people, in many different ways and places. It's important to remember that when we serve, we join God in the work that He is already doing somewhere; especially during Tidal Impact as we partner with other believers in different communities. In talking about the posture of partnership, we will settle into our role as we serve others.

FOCUS

- › To help youth understand what having a posture of partnership while serving others looks like

GOALS

- › Students should understand what it looks like to partner meaningfully with other believers in their mission to serve many people in many ways

SUB GOALS

- › Review past lessons and connect those ideas to this one as an Tidal Impact teaching wrap-up
- › Apply the lesson to their specific partnership

All Materials Needed

- › TV / computer
- › Paper and pens
- › Square pieces of paper for each student (optional)
- › Other materials to complete listen and learn activity (optional)

5
MIN

Welcome

MATERIALS: None

Review what we've talked about in regards to Tidal Impact. Introduce today's topic.

10-15
MIN

Helping Without Hurting

MATERIALS: TV/Computer to watch the video

Explain

Later this year, we will be partnering with other people. When we do so, we want to be as helpful as we can be.

Read Ephesians 4:1-6

Discuss briefly:

- › *What can this passage tell us about how we are to partner with other believers, or just other people in general?*

Watch this video

- › https://www.youtube.com/watch?v=Ug5GBS34B_o

Debrief

- › *What do you think the people the vikings were "helping" thought of the vikings and their actions?*
- › *Keeping in mind the passage we read earlier, what are some things that the vikings in this video could have done differently?*

15
MIN

Listen and Learn Activity

MATERIALS: Origami butterfly (optional version of activity), square paper, TV / computer to show tutorial

Introduction

This activity is all about teaching your students that an important aspect of partnership is listening and learning from those who are the experts. For example, if you are volunteering at a health clinic, you wouldn't want to just barge in and perform surgery; you'd listen and learn from a surgeon. In our example, we'll use learning to fold an origami butterfly from a Youtube video. You could approach a member of your youth group to be the "expert" and teach your youth group a new skill, like making a complicated friendship bracelet or solving a difficult riddle.

Activity

Give students a square piece of paper, and tell them to fold the paper into an origami butterfly (If you are doing a different activity, give them the needed materials and show them what the final product would look like). Give no instructions.

After they've had a moment to try to make the origami butterfly, explain that in partnership, it's easy to forget that we are not the expert. Sometimes our partner organization will want to do something that we think we could do better if we did it our way. However, we need to keep in mind that we are not the experts; our partners are. Like the vikings in the video thought they were helping when they destroyed everyone's computers, we can think we are helping when really we are making things more difficult for our partners.

Play the video instructions and allow them to follow.

- › <https://www.youtube.com/watch?v=cZdO2e8K29o>

After the video, explain that while following the video may still have been somewhat difficult for some of us, it was a lot easier than trying to figure it out on our own.

15
MIN

Posture of Partnership

MATERIALS: Paper and pens for each group to record their answers, definition of shalom to remind them of it's meaning, Bibles / copies of 1 Corinthians 13

Introduction

Like Ephesians 4:1-6 says, it's important to be humble, patient, gentle and loving with one another. Now, we'll discuss what it will look like to partner with and serve others.

Discuss

- › *What does it look like to be a good partner, keeping in mind the actions of the vikings and the characteristics of unity described in Ephesians 4:1-6?*

Smaller Groups

Next, break into smaller groups. In your groups, discuss these questions. Come up with a short statement or two to share with the whole group later on.

SHALOM

Think back to what we learned about shalom. NOTE: a short definition of shalom may need to be supplied as a reminded

- › *What are 3 ways for us to create "shalom" in our partnership with [your Tidal Impact partner] and with the people who we will be serving alongside of [your Tidal Impact partner]*

LOVE

Look over 1 Corinthians 13. Pick one "love is..." statement that sticks out to your group as being most important in your partnership with [your partner] and why?

EMPATHY

Last time, we looked at the meaning of empathy. What will it look like for us to be empathetic to...

- › The people we are partnering with
- › The people we will be serving
- › Summarize your answers in a sentence to share with the group

Once your groups have had time to share their answers, emphasize the contrast between their answers and the actions of the vikings in the video you watched earlier. The vikings stormed in and did what they thought was right without really paying attention to the people they were serving. During Tidal Impact weekend and the rest of our lives, it's vital that we focus on forming healthy relationships with others, and that involves all of the things that they just discussed.

7
MIN

Conclusion

MATERIALS: Origami butterfly (optional version of activity), square paper, TV / computer to show tutorial

Why don't you try leading your team through this guided prayer **The 5 P's of Prayer?**

There are many different ways to lead a prayer – for this one, it might be good to lead off or ask another leader to lead off a prayer for each section. Don't wait forever for everyone to pray for each one – they might resonate and be more engaged with some sections more than others. Try saying each intro key word & the part of the Lord's Prayer.

Matthew 6:9-13

First, Let's share some words of PRAISE about God or something we are thankful for about Him.

"Our Father in Heaven, Hallowed be your name"

- › *Leaders Note: Your youth might be a little forgetful or inattentive at times, but maybe that's just the kids I know – Don't be scared to repeat the key word (ex: a word of PRAISE) and repeat the Scripture verse.*

Second, let's consider praying for God's PURPOSE to be accomplished in us, in our team, those we'll meet from other churches, and in the communities we will be serving in on PEI

"Your kingdom come, your will be done on earth as it is in heaven"

Next, Let's pray for God's PROVISION for the things we need right now and will need in the future.

“Give us today our daily bread”

- › *Leaders Note: Not sure how long to wait for someone to jump in? Some suggest counting slowly to 7 in your head triggers either someone to say something, or let's you know everyone is out of ideas. Sometimes I start by counting to 15, and then every time someone prays I count to 13, then 10, 9, and so on before moving on.*

Now we will take some time to let go of the PAST - for this one you can pray out loud or silently in your mind and heart - let's confess the wrongs we've done to God, ask him for forgiveness and the power to walk in His way as redeemed and accepted children!

“And forgive us our debts, as we also have forgiven our debtors”

- › *Leader's Note: This one can feel a little awkward, and maybe we don't need to spend quite as much time waiting for others to pray out loud for this section. But it's still important - how can we accept and share Jesus' love with our neighborhood if there are still burdens weighing us down? Let's come boldly to the throne of grace and lead together with confidence Jesus has made a way to redeem the whole world!*

Finally, let's pray for PROTECTION for safety, from danger, from the devil, from discouragement, from sin, and for God to lead us as we serve as partners with Him!

“And lead us not into temptation, but deliver us from the evil one”

LESSON 6

Celebrate and Debrief!

This is a lesson plan you can use post-Tidal Impact to reflect on all the planning that has gone into Tidal Impact, celebrate, and share testimony with each other, as you plan how you'll share what God has done through your time at Tidal Impact with your entire church!

FOCUS

- › Through reflecting with one another, the hope is that the learning that has occurred over the week of TI and the months leading up to it will be remembered and planted firmly in the minds of the youth.

GOALS

- › Celebrate
- › Remember what happened through Tidal Impact
- › Plan a way to share what God has done with your church family

All Materials Needed

- › Food
- › Lawn Games

5
MIN

Welcome

MATERIALS: None

Welcome everyone. Explain what the evening will look like (food, hanging out, and a short time to talk and share testimony).

Pray for food

25
MIN

Eat & Hang

MATERIALS: Food, lawn games

Spend the first chunk of time eating and hanging out with one another. This is best done outside at a park or someone's yard. Having lawn games available also is a great addition.

25
MIN

Tidal Impact in Review & Testimonies

MATERIALS: None

Take time to remember and talk about key moments from the week of TI - some funny, some crazy, some really cool team moments.

Next, try either of the following:

Ask the students to spend 5 or so minutes 'journaling' where they saw God + one (or more) areas God grew them or changed them during Tidal Impact (maybe perspective change, maybe attitude change, etc.) Share these with the group.

OR

Take time to go around and 'popcorn' share stories of how your students were impacted, what they learned, how they saw God move during TI.

10
MIN

Plan Church-wide Celebrations

MATERIALS: None

Think through how your team will share the stories of what God has done with your wider church family. Perhaps on a Sunday morning, or a coffee house evening for parents. Perhaps through social media, etc.

5
MIN

Conclusion

MATERIALS: None

Thank everyone for participating.

Review any logistical pieces that may be outstanding.

5
MIN

Close in Prayer

MATERIALS: None

This prayer exercise is meant to tap into your kids imagination a bit more. Invite them to take a restful position with their eyes closed, sitting or even lying down, to listen and pray quietly and reflectively as you. Read through Psalm 23 from start to finish, before following the guide verse by verse. After pausing at each one read the whole Psalm one last time to conclude.

Psalm 23

“The Lord is my shepherd; I have everything I need”

- › *Imagine Jesus as a good kind shepherd standing in front of you. What gifts does he have that he wants to give you?*
- › *Imagine He asks you what you need- what do you say? What do you need from Jesus?*

“He lets me rest in green meadows

He leads me beside peaceful streams”

- › *Imagine you are sitting or lying down in a green meadow, with a small stream running by you. Do you need some rest?*
- › *Is there an area of your life where you could really use some peace right now?*

**“He renews my strength.
He guides me along right paths,
Bringing honor to his name”**

- › *Imagine Jesus beside you, lifting you up off the ground. Imagine His strength flowing into you giving you the strength to stand.*
- › *Is there something you need to turn away from to walk on the right path he is leading you to? Is there someone He is asking you to reach out to? Is there something that feels really big to you that you need to rely on His strength to get through?*

**“Even when I walk through the dark valley of death,
I will not be afraid, for you are close beside me.
Your rod and your staff protect and comfort me”**

- › *Is there anything giving you fear or anxiety right now? Is there anything you feel alone in right now?*
- › *Imagine Jesus walking with you through the darkness, guiding you with His light, staff in hand, protecting you from your surroundings. Realize you are not alone and never will be.*

**“You prepare a feast for me in the presence of my enemies.
You welcome me as a guest,
Anointing my head with oil.
My cup overflows with blessings”**

- › *Imagine leaving the darkness and coming out in front of a table filled with all your favorite foods and drinks, picture some of them if you can, and He invites you to sit down and eat with him. Other loved ones and friends are all sitting around feasting with you.*
- › *What ways are you hoping Jesus will provide for you right now? What blessings has he given you that you are surprised by? Imagine holding out your cup to Jesus to fill up - what does He pour in?*

**“Surely your goodness and unfailing love will pursue me all the days of my life,
And I will live in the house of the Lord forever”**

- › *Imagine finding a room Jesus has prepared just for you to live in and spend time with Him. What's in the room? What do you feel?*
- › *Spend some time thanking God for all the ways He is good.*
- › *Spend some time thanking God for all the ways His unfailing love is going to support you today and in the future.*

References

- › <https://www.leadershipgeeks.com/great-team-mottos/>